



## Quick Ideas for Slowing Down

Today Speedy is thinking about ways to see beauty in what's around her. Sometimes that means making it! Speedy found a spice jar in the recycling bin. What's she going to do with it?



### Create a Yarn Vase

#### Materials:

You will need a spice/sprinkle jar, yarn, glue, plate and a paint brush

1. Clean and dry jar
2. Apply glue to top section of jar
3. Start wrapping yarn tightly around gluey section, while holding yarn end to the jar.
4. Move down the jar.



Enjoy these yarn-tastic stories:

[Extra Yarn](#) by Mac Barnett

[Mac Barnett explains his idea for the story](#)

[The Hueys in the New Sweater/Jumper](#)

by Oliver Jeffers

