

# DEDICATED TO the dream

WORKING TOWARD

AWARENESS & CELEBRATION

## suggested resources for parents & caregivers

june 2021

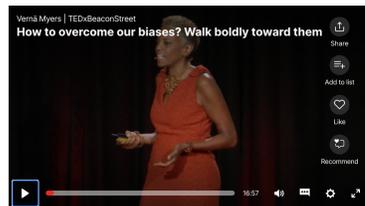
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### keep learning accurate history



**Learning for Justice** produced these excellent videos as part of their *Teaching Hard History* curriculum. From their website: "In these short, streaming films, historians and scholars explore the undertaught history of African and Indigenous enslavement, explain critical concepts, and share recovered narratives that can help students better understand the individual and collective impact—and the damaging legacy—of hundreds of years of American slavery."

### learn more about implicit bias



Watch this honest, excellent **Vernā Myers TEDx talk: How to overcome our biases? Walk boldly toward them**" for an introduction to implicit bias and 3 ways to work towards change in your own brain.

Then, [take an Implicit Bias test](#).

### podcast



This podcast, produced by the **Positive Racial Identity Development in Early Education (PRIDE)** program run by the University of Pittsburgh, introduces & expands on many important topics in understanding the effects of race & racism in children. PRIDE's mission is "*helping Black children understand race and embrace their ethnicity and heritage.*"

### webinar



Watch this **Race & Development** webinar hosted by Robyn Gobbel, therapist, and JaeHee M. Chung Sherman, LCSW. While the content highlights some experiences that can specifically occur in transracial adoptive families, the overall content on racial identity development is universally applicable.

### more great resources



The mission of **Embrace Race** is "*Let's Raise a Generation of Children Who Are Thoughtful, Informed, and Brave About Race.*" This website is chock full of webinars, articles, and resources centering on parenting kids ages 0-8, but much of the content extends past that age range.



The **Center for Racial Justice in Education** keeps an updated resource guide full of articles and videos aimed to help and inspire parents.

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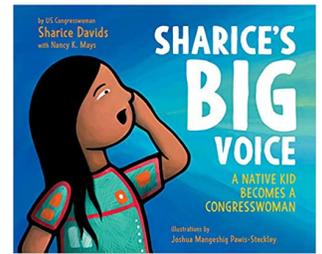
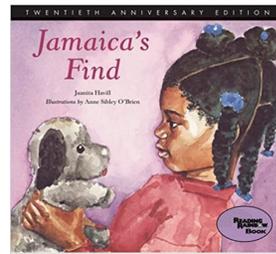
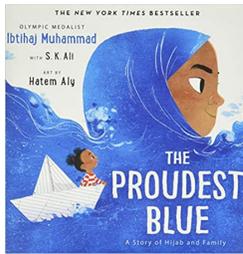
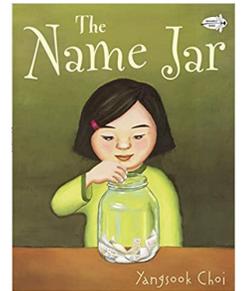
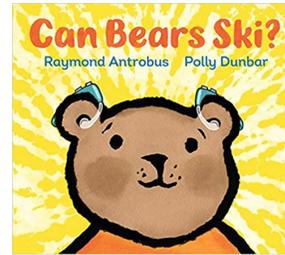
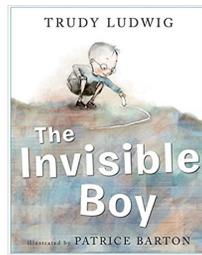
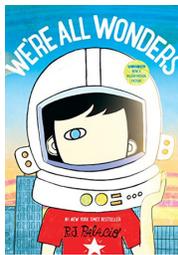
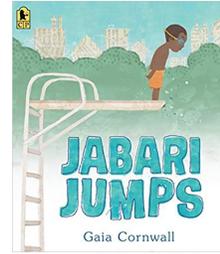
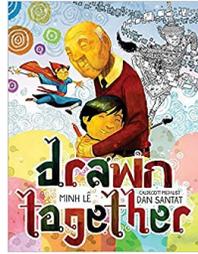
WORKING TOWARD

AWARENESS & CELEBRATION

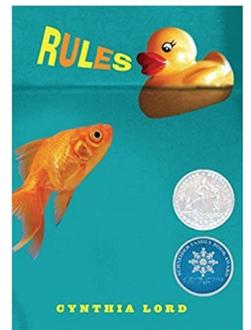
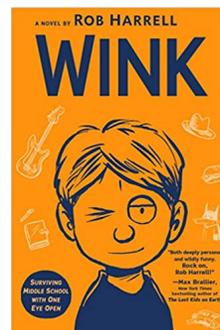
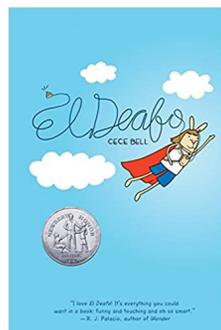
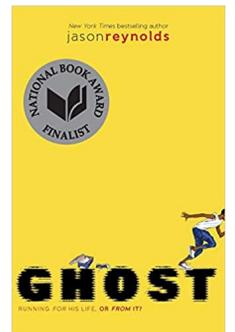
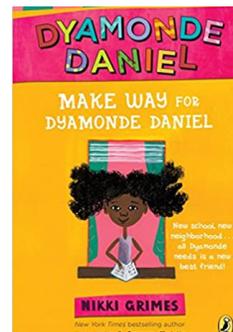
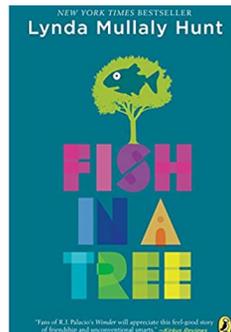
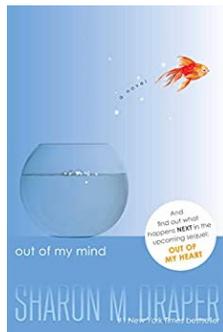
**suggested resources**  
windows, mirrors, & doors

july 2021

picture books



books (j fiction or j graphic)



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suggested resources

august 2021

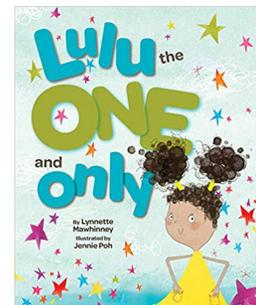
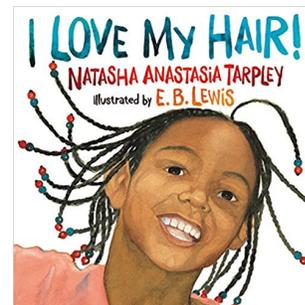
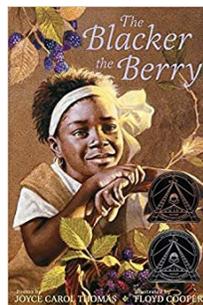
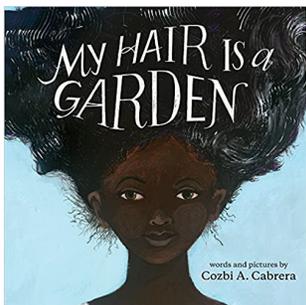
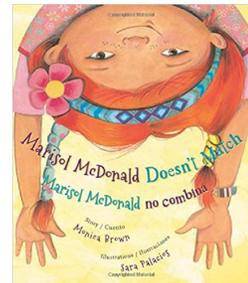
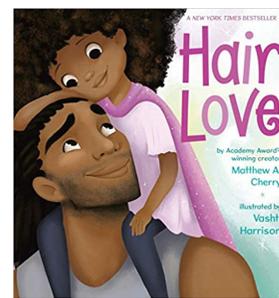
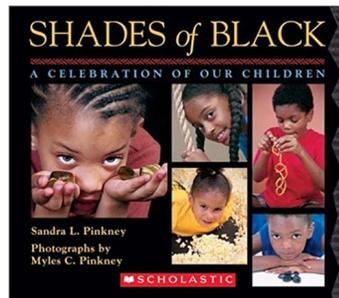
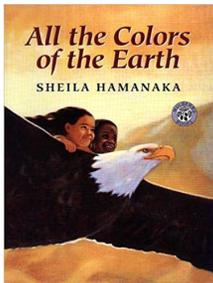
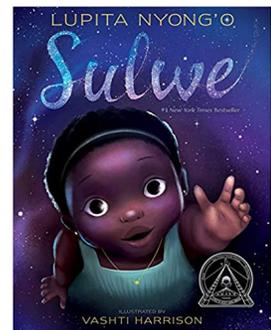
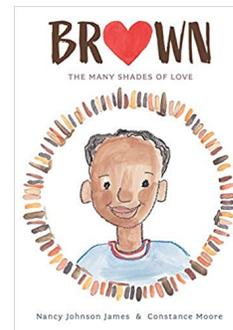
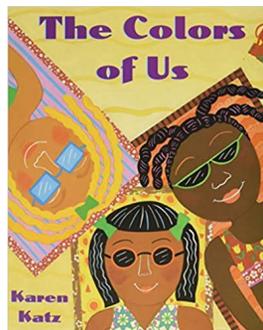
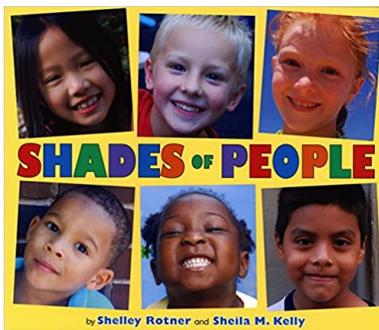
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AWARENESS & CELEBRATION

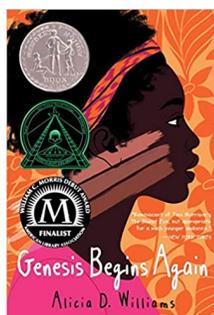
This month, try to be intentional in discussing different shades of skin that you see in books, shows, or even around town. You can use some of the suggestions below, or seek out books with "everyday diversity" where a wide range of human identity is represented. Are there places (in real life, or in certain books or shows) where you notice skin shades represented in different proportions? You don't have to have all the answers; the goal is to be able to observe, notice, and discuss.

Remember, you can use the windows, mirrors & doors analogy, especially when discussing feelings!

picture books



j fiction



Thirteen-year-old Genesis tries again and again to lighten her black skin, thinking it is the root of her family's troubles, before discovering reasons to love herself as is.

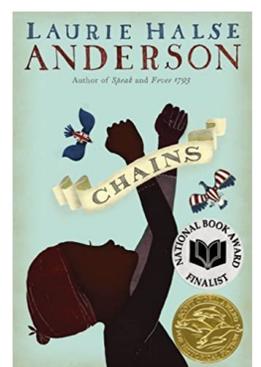
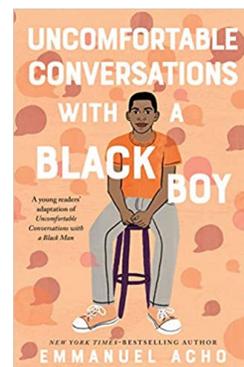
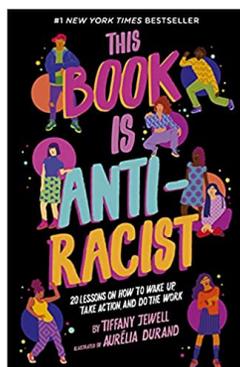
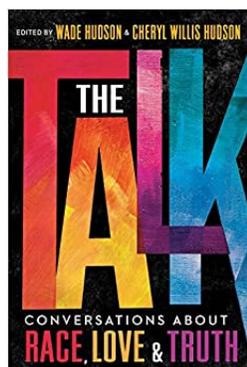
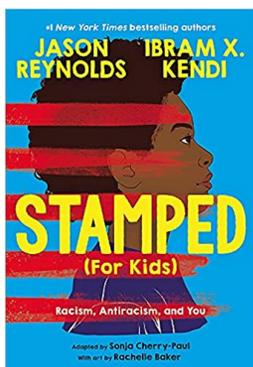
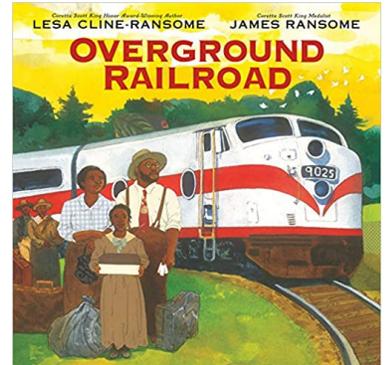
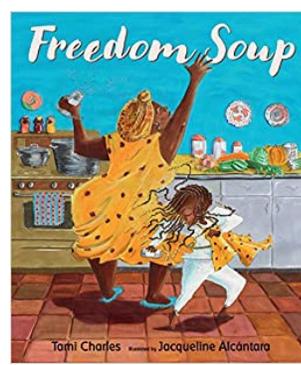
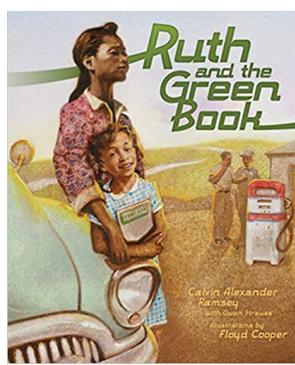
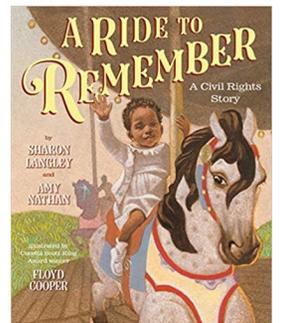
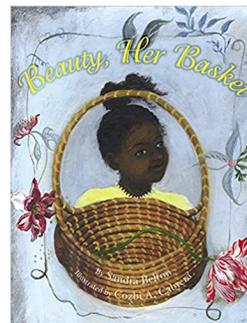
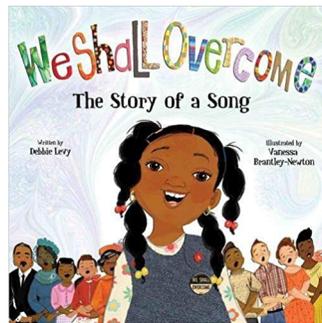
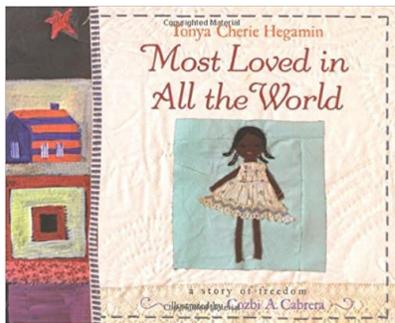
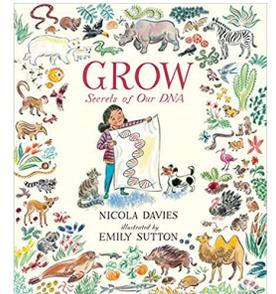
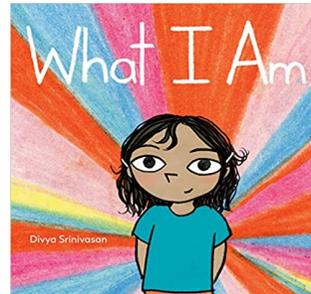
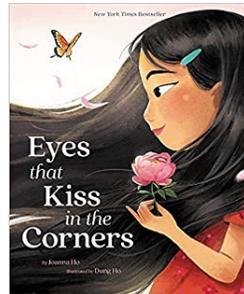
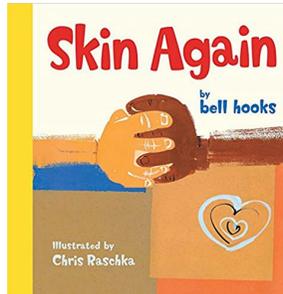
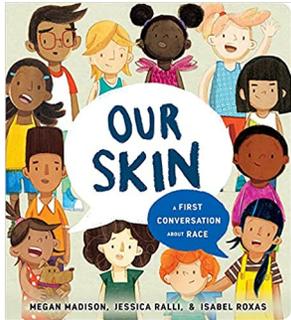
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september 2021

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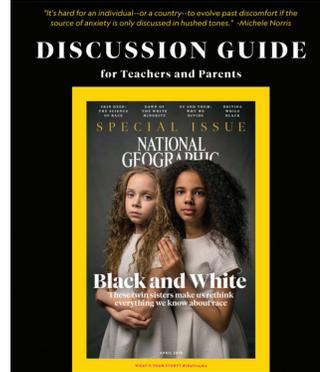
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RACE History **Human Variation** Lived Experience Resources About the Project

BACK Race and Human Variation

variation in each population (by the relative size of each circle), but how populations are related to each other through shared variation. For instance, Asians and Europeans possess almost the same set of variations. Most variations found in Asians and Europeans are also found in Africans. However, Africans also possess many variations that are not found outside of Africa.

Click NEXT to move on.



## resources that discuss the science of race

The New York Times

What to Read | A Season of Reading | New Books for September | 25 Book Review Greats | Listen: The Book Review Podcast

FURTHER READING

### A History of Race and Racism in America, in 24 Chapters

By Brian K. Kernell  
Feb. 22, 2017

Clockwise, from top left: Phillis Wheatley, Harriet Beecher Stowe, Alice Walker, Minnie Alexander, Margaret Mitchell, Edgar Rice Burroughs and Thomas Jefferson. Illustration: Andrew Gentry Images (Gentry); Associated Press (Chubb); Getty Images North America (Alexander); Arizona History Center (Wheatley); Homestead Act (Homestead); Press Images (Burroughs); Shaban Archive/Getty Images (Jefferson)

CALIFORNIA NEWSREEL

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close home go to Race - The Power of an Illusion

### RACE - The Power of an Illusion

#### BACKGROUND:

#### A Long History of Affirmative Action - For Whites

Many middle-class white people, especially those of us from the suburbs, like to think that we got to where we are today by virtue of our merit - hard work, intelligence, pluck, and maybe a little luck. And while we may be sympathetic to the plight of others, we close down when we hear the words "affirmative action" or "racial preferences." We worked hard, we made it on our own, the thinking goes, why don't they? After all, the Civil Rights Act was enacted almost 40 years ago.

What we don't readily acknowledge is that racial preferences have a long, institutional history in this country - a white history. Here are a few ways in which government programs and practices have channeled wealth and opportunities to white people at the expense of others.

#### Early Racial Preferences

We all know the old history, but it's still worth reminding ourselves of its scale and scope. Affirmative action in the American "workplace" first began in the late 17th century when European indentured servants - the original source of unfree labor on the new tobacco plantations of Virginia and Maryland - were replaced by African slaves. In exchange for their support and their policing of the growing slave population, lower-class Europeans won new rights, entitlements, and opportunities from the planter elite.

White Americans were also given a head start with the help of the U.S. Army. The 1830 Indian Removal Act, for example, forcibly relocated Cherokee, Creek and other eastern Indians to west of the Mississippi River to make room for white settlers. The 1862 Homestead Act followed suit, giving away millions of acres of what had been Indian Territory west of the Mississippi. Ultimately, 270 million acres, or 10% of the total land area of the United States, was converted to private hands, overwhelmingly white, under Homestead Act provisions.

## articles that address the history of racism

LEARNING FOR JUSTICE CLASSROOM RESOURCES PROFESSIONAL DEVELOPMENT MAGAZINE & PUBLICATIONS BUILD A LEARNING PLAN

ARTICLE

### Helping Students Develop Empathy Instead of Sympathy

When this literature teacher completes a book with her class and hears a student say, "Reading this makes me happy I am an American," she flips the script.

By Colleen Clemons  
January 11, 2017

G FOR JUSTICE CLASSROOM RESOURCES PROFESSIONAL DEVELOPMENT MAGAZINE & PUBLICATIONS BUILD

MAGAZINE FEATURE

### Speaking Up Without Tearing Down

A veteran human rights educator explains the value of teaching students to call each other in rather than out.

## conversation-starters and inspiration for learning & growth